

**Childhood is a journey, not a race...**



**"Experience wires the brain.  
Repetition strengthens the wiring."  
-Pam Schiller, Ph.D**

**"Two reliable predictors of reading success are sound discrimination and the size of the individual's vocabulary."**

**-Pam Schiller, Ph.D**

### **Up On the Treetop**

(To the tune of "Up on the Housetop")

Up on the treetop  
Watch the leaves.  
They are changing.  
You can see.  
Red and orange,  
Yellow and brown.  
Pretty soon they'll all fall down.  
Crunch, crunch, crunch!  
Walk through the leaves.  
Crunch, crunch, crunch!  
Walk through the leaves.  
Up on the treetop  
In the fall,  
Leaves are changing  
Watch them all!

### **Nature Scavenger Hunt**

It's time to get out and explore the world around you! Just head out your back door and see what adventure lies before you. Can you find the following?

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Maple leaf, robin, acorn, ant hill, pine cone, dandelion, moss, 3 leaf clover, butterfly, squirrel, frog, oak tree, smooth rock/stone, spider web

### **Physical Challenge!!**

This month, teach your child to do windmills or cross crawls. Stand with your feet apart and your arms out from your sides. Twist and reach your right hand over to your left foot. Stand up right. Twist and reach your left hand over to your right foot. Stand up right. Keep practicing!

### **Field Trip Opportunities**

This would be a great month to check out Cover's Apple Ranch in Tuolumne County.

Check out this web site for more information:

<http://www.yelp.com/biz/covers-apple-ranch-tuolumne-2>

Hilmar Cheese Factory offers free tours of how their cheese is made. Further info can be found here:

[https://www.hilmarcheese.com/visitor\\_center/tour/](https://www.hilmarcheese.com/visitor_center/tour/)



"Everyone involved in the life of children is writing on their souls."

-Pam Schiller, Ph., D.